

LSVB Kadernormen 2009/2010

Die Kadernormen für die Kaderzugehörigkeit sind im Zeitraum vom **01.09.2008 – 30.07.2009**

auf der 50 m Bahn zu erreichen und müssen in der DSV Bestenliste (www.schwimmen.dsv.de) aufgeführt sein.

Der Verbleib im Kader beschränkt sich auf den Zeitraum vom **01.09.2009 bis 31.08.2010**

weiblich	Kader	D 1	D 2	D 2	D 3	D 3	D 4	D 4	D - J 1	L
	AK	10 Jahre	11 Jahre	12 Jahre	13 Jahre	14 Jahre	15 Jahre	16 Jahre	17 Jahre	18 Jahre
Strecke	Jg	1999	1998	1997	1996	1995	1994 / JEM	1993 / JEM	1992	1991 u. älter
50	F	xxxx	xxxx	00:33.00	00:31.00	00:30.50	00:30.00	00:29.50	00:29.00	00:28.00
100	F	01:23.00	01:16.00	01:12.00	01:08.00	01:05.00	01:04.00	01:02.00	01:01.00	01:00.00
200	F	02:57.00	02:45.00	02:35.00	02:25.00	02:20.00	02:18.00	02:16.00	02:13.00	02:10.00
400	F	06:20.00	05:45.00	05:20.00	05:05.00	04:55.00	04:50.00	04:49.00	04:40.00	04:35.00
800	F	xxxx	xxxx	10:50.00	10:30.00	10:10.00	10:00.00	09:50.00	09:40.00	09:30.00
50	B	xxxx	xxxx	00:42.00	00:40.00	00:38.50	00:37.00	00:36.50	00:36.00	00:35.00
100	B	01:44.00	01:36.00	01:30.00	01:26.00	01:23.00	01:21.00	01:20.00	01:19.00	01:17.00
200	B	03:42.00	03:27.00	03:12.00	03:05.00	02:57.00	02:54.00	02:52.00	02:50.00	02:46.00
50	R	xxxx	xxxx	00:38.00	00:36.50	00:35.00	00:34.00	00:33.00	00:32.50	00:32.00
100	R	01:33.00	01:26.00	01:20.00	01:17.00	01:14.00	01:12.00	01:10.00	01:09.00	01:08.00
200	R	03:17.00	03:03.00	02:50.00	02:44.00	02:38.00	02:34.00	02:30.00	02:28.00	02:26.00
50	S	00:41.00	00:38.00	00:35.00	00:33.50	00:32.50	00:32.00	00:31.50	00:31.00	00:30.00
100	S	01:34.00	01:28.00	01:23.00	01:17.00	01:14.00	01:12.00	01:10.00	01:08.00	01:06.00
200	S	xxxx	xxxx	03:03.00	02:45.00	02:39.00	02:35.00	02:31.00	02:28.00	02:25.00
200	L	03:20.00	03:00.00	02:48.00	02:45.00	02:40.00	02:35.00	02:32.00	02:30.00	02:26.00
400	L	xxxx	xxxx	06:10.00	05:55.00	05:40.00	05:30.00	05:25.00	05:20.00	05:10.00

männlich	Kader	D 1	D 2	D 2	D 3	D 3	D 4	D 4	D - J 1	L	L
	AK	10 Jahre	11 Jahre	12 Jahre	13 Jahre	14 Jahre	15 Jahre	16 Jahre	17 Jahre	18 Jahre	offen
Strecke	Jg	1999	1998	1997	1996	1995	1994	1993	1992 / JEM	1991 / JEM	1990 u. älter
50	F	xxxx	xxxx	xxxx	00:30.00	00:28.50	00:28.00	00:27.00	00:26.00	00:25.50	00:25.00
100	F	01:23.00	01:15.00	01:09.00	01:05.00	01:02.00	01:00.00	00:58.50	00:57.00	00:55.50	00:54.50
200	F	03:00.00	02:42.00	02:32.00	02:22.00	02:14.00	02:10.00	02:06.00	02:03.00	02:00.00	01:58.00
400	F	06:25.00	05:50.00	05:25.00	05:00.00	04:45.00	04:36.00	04:28.00	04:22.00	04:16.00	04:12.00
1500	F	xxxx	xxxx	20:45.00	19:30.00	19:00.00	18:30.00	18:00.00	17:40.00	17:20.00	17:00.00
50	B	xxxx	xxxx	xxxx	00:39.00	00:36.50	00:35.00	00:34.00	00:33.00	00:32.00	00:31.00
100	B	01:43.50	01:38.00	01:30.00	01:24.00	01:18.00	01:15.00	01:13.00	01:11.00	01:09.00	01:07.00
200	B	03:40.00	03:26.00	03:10.00	03:00.00	02:50.00	02:44.00	02:39.00	02:35.00	02:30.00	02:25.00
50	R	xxxx	xxxx	xxxx	00:35.00	00:33.50	00:32.00	00:31.00	00:30.00	00:29.00	00:28.50
100	R	01:35.00	01:25.00	01:20.00	01:15.00	01:11.00	01:08.00	01:06.00	01:04.00	01:02.00	01:01.00
200	R	03:17.00	03:06.00	02:50.00	02:44.00	02:35.00	02:28.00	02:23.00	02:20.00	02:15.00	02:13.00
50	S	xxxx	xxxx	xxxx	00:33.00	00:31.00	00:30.00	00:29.00	00:28.00	00:27.50	00:26.50
100	S	01:36.00	01:27.00	01:20.00	01:15.00	01:10.00	01:07.00	01:05.00	01:02.00	01:00.00	00:58.00
200	S	xxxx	xxxx	03:00.00	02:50.00	02:35.00	02:29.00	02:24.00	02:20.00	02:15.00	02:11.00
200	L	03:23.00	03:12.00	02:55.00	02:40.00	02:35.00	02:28.00	02:25.00	02:20.00	02:18.00	02:16.00
400	L	xxxx	xxxx	06:10.00	05:50.00	05:30.00	05:16.00	05:10.00	05:00.00	04:54.00	04:50.00